

Course Student Learning Outcomes Assessment

KIN 111 Sports Psychology

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General Information (Course Student Learning Outcomes Assessment)

Standing Requirements

📖 Course Description

An academic and practical examination of the psychological aspects of sport. Specific methods will be taught to enhance athletic performance through mental preparation and practice.

📖 Course Student Learning Outcomes

KIN 111 Sports Psychology Outcome Set

Outcome	
Outcome	Mapping
Outcome 1 Students will learn, and then apply the scientific concepts of sport psychology to athletic performance.	Institutional Student Learning Outcomes: Act 1, Act 2, Act 3, Communicate 1, Communicate 2, Communicate 3, Learn 1, Learn 2, Learn 3, Think 1, Think 2, Think 3
Outcome 2 Students will evaluate the complex nature of sport psychology and the effects it has on performance as an individual and a team.	Institutional Student Learning Outcomes: Act 1, Act 2, Act 3, Communicate 1, Communicate 2, Communicate 3, Learn 1, Learn 2, Learn 3, Think 1, Think 2, Think 3
Outcome 3 Students will describe the role of sport psychology in their own experience and the role it plays at a universal level.	Institutional Student Learning Outcomes: Act 1, Act 2, Act 3, Communicate 1, Communicate 2, Communicate 3, Learn 1, Learn 2, Learn 3, Think 1, Think 2, Think 3

2014-2015 Assessment Cycle

Measurements

Outcomes and Measures

KIN 111 Sports Psychology Outcome Set

Outcome

Outcome 1

Students will learn, and then apply the scientific concepts of sport psychology to athletic performance.

▼ **Measure:** Scientific Concepts
Course level; Indirect - Survey

Description of Measurement Tool: Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.

Criteria for Success: Individual & Collective Student Criterion: 70%+ scoring at 4 or 5.
Class average 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Outcome 2

Students will evaluate the complex nature of sport psychology and the effects it has on performance as an individual and a team.

▼ **Measure:** Effects on Performance
Course level; Indirect - Survey

Description of Measurement Tool: Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.

Criteria for Success: Individual & Collective Student Criterion: 70%+ scoring at 4 or 5.
Class average 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Outcome 3

Students will describe the role of sport psychology in their own experience and the role it plays at a universal level.

▼ **Measure:** Role of Sport Psych
Course level; Indirect - Survey

Description of Measurement Tool: Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.

Criteria for Success: Individual & Collective Student Criterion: 70%+ scoring at 4 or 5.
Class average 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings

Finding per Measure

KIN 111 Sports Psychology Outcome Set

Outcome

Outcome 1

Students will learn, and then apply the scientific concepts of sport psychology to athletic performance.

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Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings for Scientific Concepts

Summary of Findings: Responses 23

5 – 16
4 – 7
3 – 0
2 – 0
1 – 0

Average = 4.7

100% success

Results: Criteria for Success Achievement Status: Exceeded

Analysis of Findings: Surpasses expectation levels

Recommendations: Create video scenarios where students can apply content learned.

Outcome 2

Students will evaluate the complex nature of sport psychology and the effects it has on performance as an individual and a team.

▼ **Measure:** Effects on Performance
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Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings for Effects on Performance

Summary of Findings: Responses 23

5 – 16
4 – 7
3 – 0
2 – 0
1 – 0

Average = 4.7

100% successful

Results: Criteria for Success Achievement Status: Exceeded

Analysis of Findings: Surpasses expectation levels

Recommendations: Encourage real world use of concepts by shadowing a both a team and individual sport.

Outcome 3

Students will describe the role of sport psychology in their own experience and the role it plays at a universal level.

▼ **Measure:** Role of Sport Psych
Course level; Indirect - Survey

Description of Measurement Tool: Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.

Criteria for Success: Individual & Collective Student Criterion: 70%+ scoring at 4 or 5.
Class average 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings for Role of Sport Psych

Summary of Findings: Responses 23

5 – 18
4 – 4
3 – 1
2 – 0
1 – 0

Average = 4.7

96% successful

Results: Criteria for Success Achievement Status: Exceeded

Analysis of Findings: Surpasses expectation levels

Recommendations: Apply concepts at an individual level through a project based assignment.

Overall Recommendations

No text specified

📅 **Plans of Action**

📅 **Status Reports**

2013-2014 Assessment Cycle

Measurements

Outcomes and Measures

KIN 111 Sports Psychology Outcome Set

Outcome

Outcome 1

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Criteria for Success: Individual & Collective Student Criterion: Success 3.5+

Cycle of Assessment: Spring

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Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings

Finding per Measure

KIN 111 Sports Psychology Outcome Set

Outcome

Outcome 1

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▼ **Measure:** Scientific Concepts

Course level; Indirect - Survey

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Criteria for Success: Individual & Collective Student Criterion: Success 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings for Scientific Concepts

Summary of Findings: 5 – 25

4 – 2

3 – 0

2 – 0

1 – 0

27 Responses

Average = 4.9

100%

Results: Criteria for Success Achievement Status: Exceeded

Analysis of Findings: Exceeds expectations

Recommendations:

Outcome 2

Students will evaluate the complex nature of sport psychology and the effects it has on performance as an individual and a team.

▼ **Measure:** Effects on Performance

Course level; Indirect - Survey

Description of Measurement Tool: Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.

Criteria for Success: Individual & Collective Student Criterion: Success 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings for Effects on Performance

Summary of Findings: 5 – 27

4 – 0

3 – 0

2 – 0

1 – 0

27 Responses

Average = 5

100%

Results: Criteria for Success Achievement Status: Exceeded

Analysis of Findings: Exceeds expectations

Recommendations:

Outcome 3

Students will describe the role of sport psychology in their own experience and the role it plays at a universal level.

▼ **Measure:** Role of Sport Psych
Course level; Indirect - Survey

Description of Measurement Tool: Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.

Criteria for Success: Individual & Collective Student Criterion: Success 3.5+

Cycle of Assessment: Spring

Who is Responsible for Assessment Activity?: Instructor

Findings for Role of Sport Psych

Summary of Findings: 5 – 26

4 – 1

3 – 0

2 – 0

1 – 0

27 Responses

Average = 4.96

Results: Criteria for Success Achievement Status: Exceeded

Analysis of Findings: Exceeds expectations

Recommendations:

Overall Recommendations

No text specified

 **Plans of Action**

 **Status Reports**

2012-2013 Assessment Cycle

 **Measurements**

 **Findings**

 **Plans of Action**

 **Status Reports**