

COURSE SLO ASSESSMENT REPORT, SCC

Department: Exercise Science Course: EXER 220 / 222

Year: 2012-13 Semester: Summer 2013

1) Outcome to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/What to do next
<p>1.) Students will use critical thinking skills to learn and apply the appropriate exercise techniques to increase their athletic performance.</p>	<p>Self-Assessment on a Sliding Scale of 1-5:</p> <p>1 = Not Effective, 2 = Only Slightly Effective, 3 = Moderately Effective, 4 = Effective, 5 = Highly Effective.</p> <p>Success = 3.5+</p>	<p>Average: 4.962 (26 respondents)</p> <p>“5” x 25 “4” x 1 “3” x 0 “2” x 0 “1” x 0</p>	<p>Surpasses expectation levels</p>	<p>Continue to stay current in content areas and incorporate technology where appropriate.</p>
<p>2.) Students will learn how to incorporate exercise into their lifestyle to promote lifelong health.</p>	<p>Self-Assessment on a Sliding Scale of 1-5:</p> <p>1 = Not Effective, 2 = Only Slightly Effective, 3 = Moderately Effective, 4 = Effective, 5 = Highly Effective.</p> <p>Success = 3.5+</p>	<p>Average: 4.846 (26 respondents)</p> <p>“5” x 22 “4” x 4 “3” x 0 “2” x 0 “1” x 0</p>	<p>Surpasses expectation levels</p>	<p>Continue to stay current in content areas and incorporate technology where appropriate.</p>