

COURSE SLO ASSESSMENT REPORT, SCC

Department: Exercise Science Course: Exer 129

Year: 2011 Semester: Fall 2011

1) Outcome to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/what to do next
<p>1. This course has helped me create personalized short-term, intermediate and long-term fitness goals.</p> <p>2. This course has helped me improve my overall well-being by helping me create lifelong workout habits.</p>	<p>Grading scale of 1-5; 5 Highly effective, 1 Not effective</p>	<p>201respondents 4.28</p> <p>195 respondents 4.14</p>	<p>Surpasses expectation levels</p>	