

COURSE SLO ASSESSMENT REPORT, SCC

Department: Exercise Science Course: Exer 115

Year: 2012 Semester: Spring

1) Outcome to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/what to do next
<p>1. Students will use critical thinking in analyzing the meaning of the test results and establishing an instructor approved conditioning program.</p> <p>2. Students will learn the importance of fitness and the knowledge to make critical decisions about changing their lifestyle</p>	<p>Grading Scale 1- 5 5 Highly effective, 1 not effective</p>	<p>11 respondents 4.67</p> <p>4.8</p>	<p>Surpasses expectation levels</p>	<p>Continue to expand the use of technology in managing healthy lifestyle choices.</p> <p>Expand the testing options to encompass a larger community with individual needs.</p>

for a better
quality of life.

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