

COURSE SLO ASSESSMENT REPORT, SCC

Department: Exercise Science Course: Exer 115

Year: 2012 Semester: Fall 2012

1) Outcome to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/what to do next
<p>1. Students will use critical thinking in analyzing the meaning of the test results and establishing an instructor approved conditioning program.</p> <p>2. Students will learn the importance of fitness and the knowledge to make critical decisions about changing their lifestyle for a better</p>	<p>Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.</p> <p>Success 3.5+</p>	<p>20 Responders 4.9</p> <p>20 Responders 4.9</p>	<p>Surpasses Expectation</p> <p>Surpasses Expectation</p>	<p>Expand the use of technology in the effort to enhance healthy lifestyle choices.</p> <p>Reach students on an individual level for personalized assessments.</p>

quality of life.				
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