

PROGRAM ASSESSMENT REPORT, SCC

Department: Exercise Science Course: Exer 100

Year: 2011-12 Semester: Spring 2012

1) PSLO to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/what to do next
<p>Students will demonstrate an understanding of how to improve their own well-being through knowledge of both lifetime fitness concepts and what constitutes good nutritional choices.</p> <p>Students will demonstrate critical thinking skills through analysis, application and evaluation of the subject content in Exercise Science course offerings.</p>	<p>Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.</p> <p>Success 3.5+</p> <p><i>Assessment was taken via 2 test questions on the final exam.</i></p>	<p>Students 112</p> <p>4.7 average</p> <p>4.35 average</p>	<p>Based on the responses and the number of students who completed the course with passing grades it can be deduced that the SLOs are being met successfully for the majority of the students.</p>	<p>Attempt to add more critical thinking components to the course as well as other medium in which the students can use to understand the material even better.</p>

COURSE SLO ASSESSMENT REPORT, SCC

Department: Exercise Science Course: Exer 100
 Year: 2012 Semester: Spring: 2012

1) Outcome to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/what to do next
<p>#1 Students will learn and demonstrate a strong understanding of the factors that influence health and wellness.</p> <p>#2 Students will have the knowledge to be able to modify current health behaviors and attitudes in order to achieve</p>	<p>Grading Scale 1-5. 5 Highly effective, 1 Not effective.</p>	<p>108 students responded.</p> <p>4.54</p> <p>4.4</p>	<p>Surpasses expectation level.</p>	<p>Continue to stay current in content areas and incorporate technology where appropriate.</p>

<p>increased long-term potential for quantity and quality of life.</p> <p>#3 Students will demonstrate the ability to apply, evaluate, and effectively adjust behavior change strategies.</p> <p>#4 Students will develop leadership and interpersonal communication skills through cooperative interaction during small group activities and/or class presentations.</p>		<p>4.2</p> <p>4.06</p>		
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