

COURSE SLO ASSESSMENT REPORT, SCC

Department: Exercise Science Course: Exer Sci_100 Healthful Living

Year: 2012 Semester: Fall 2012

1) Outcome to be assessed	2) Means of assessment and criteria of success	3) Summary of data collected	4) Analysis of data	5) Plan of action/what to do next
<p>#1 Students will learn and demonstrate a strong understanding of the factors that influence health and wellness.</p> <p>#2 Students will have the knowledge to be able to modify current health behaviors and attitudes in order to achieve</p>	<p>Self-assessment on a sliding scale of 1-5; 1 Not at all, 5 to a great degree.</p> <p>Success 3.5+</p>	<p>82 students responded.</p> <p>4.7</p> <p>4.63</p>	<p>Surpasses expectation level.</p>	<p>Continue to stay current in content areas and incorporate technology where appropriate.</p> <p>Consider adding short videos talking to the class in online format.</p> <p>Continue to stay current in content areas and incorporate technology where appropriate.</p>

<p>increased long-term potential for quantity and quality of life.</p> <p>#3 Students will demonstrate the ability to apply, evaluate, and effectively adjust behavior change strategies.</p> <p>#4 Students will develop leadership and interpersonal communication skills through cooperative interaction during small group activities and/or class presentations.</p>		<p>4.02</p> <p>(NOTE: For this online course, the <i>Discussion Board</i> requirement is meant to address this learning objective)</p> <p>4.63</p>		<p>Continue to stay current in content areas and incorporate technology where appropriate.</p> <p>Continue to stay current in content areas and incorporate technology where appropriate.</p> <p>Add more discussion topics to keep the students engaged throughout the semester.</p>
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